



Longwood 50+ Center December 2018

Days of Operation: Tuesday 8:30am – 3:00pm Wednesday 8:30am – 4:00pm

6150 Foreland Garth Columbia, MD 21045 410-313-7217

Director: Kari Weidner

www.howardcountyaging.org

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| December 3, 2018 | December 4, 2018 | December 5, 2018 Chinese Exercise | December 6, 2018 | December 7, 2018 |
| | Chinese Exercise | | | |
| | 9:00am Crocheting/ Knitting & | 9:00am Zumba | | |
| | Zumba | 10:00am | | |
| | 10:00am | Lunch 12Noon | | |
| | Lunch 12Noon | Ping Pong & Games | | |
| | Ping Pong & Games | 2:00- 4:00pm | | |
| | 1:30-3:00pm | | | |
| | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| December 10, 2018 | December 11, 2018 | December 12, 2018 | December 13, 2018 | December 14, 2018 |
| | Chinese Exercise | Chinese Exercise | | |
| | 9:00am | 9:00am | | |
| | Crocheting/ Knitting & | Bingo | | |
| | Zumba | 10:00am | | |
| | 10:00am | Lunch 12Noon | | |
| | Lunch 12Noon | Ping Pong & Games | | |
| | Ping Pong & Games | 2:00- 4:00pm | | |
| | 1:30-3:00pm | | | |
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| Monday | Tuesday | Wednesday | Thursday | Friday |
| December 17, 2018 | December 18, 2018 | December 19, 2018 | December 20, 2018 | December 21, 2018 |
| | Chinese Exercise | Chinese Exercise | | |
| | 9:00am Crocheting/ Knitting & | 9:00am Zumba | | |
| | Zumba | 10:00am | | |
| | 10:00am | Holiday Party 12Noon | | |
| | Lunch 12Noon | Ping Pong & Games | | |
| | Ping Pong & Games | 2:00- 4:00pm | | |
| | 1:30-3:00pm | | | |
| | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| December 24, 2018 | December 25, 2018 | December 26, 2018 | December 27, 2018 | December 28, 2018 |
| | MERRY CHRISTMAS | Chinese Exercise | | |
| | <u>\$</u> | 9:00am | | |
| | 4 20. | Zumba | | |
| | | 10:00am | | |
| | | Lunch 12Noon | | |
| | | Ping Pong & Games | | |
| | | 2:00- 4:00pm | | |
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| Monday | | | | |
| December 31, 2018 | | | | |
| NEW YEARS EVE | | | | |
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